

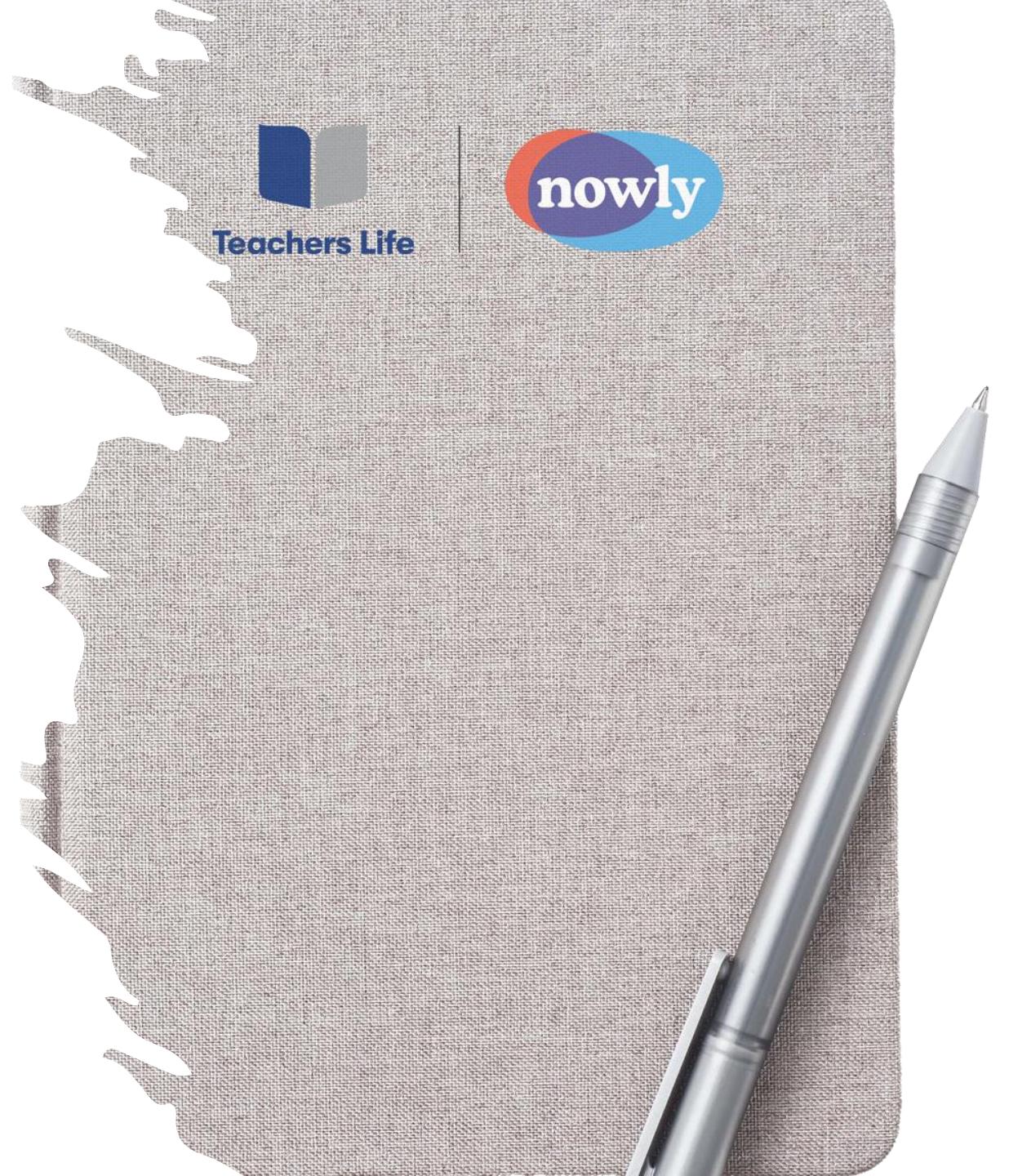


## Our Member Benefits



# Agenda

- Overview of Teachers Life
- Our Member Benefit Program ~ Flourish+
  - Flourish Talks
- Teachers Life District 12 Teacher Excellence Award 2025
- Press Start High School CoLab Program



# Teachers Life



Insurance  



## What is LTD?

Long-term disability (LTD) coverage is insurance that replaces a percentage of your income if you become disabled and are unable to work. The vast majority of OSSTF/FEESO Teacher Bargaining Units members participate in the same mandated, province-wide Provincial Long-Term Disability Plan.

Long-term disability enrollment is automatic. Long-term disability begins after the later of 110 working days (the Waiting Period) or after sick leave and short term disability have been exhausted. The application for LTD should be submitted 2 to 3 months before STD benefits end and no later than six months after the end of the waiting period.



Teachers Life is a **NFP** insurance company that was started by **Ontario teachers** over **85 years ago**.

**We are your LTD and AD&D group insurer.**

**We are a federally licensed insurer** and in **excellent financial and regulatory standing**.

**We give back to both our Members through value-add programs (**Flourish+ Program**) and community give back Program (**Press Start CoLab Program**).**

**We also sell individual term life insurance to all Canadians.**

# nowly Insurance



## Let's be friends with benefits. (Member benefits, to be clear.)

- Instant online term life insurance
- Highly affordable rates starting as low as \$1.25 per week\*
- Up to \$1,000,000 in coverage
- No medical exam needed for our approved, simplified applications
- 30-day money back
- Annual \$100 healthy living rebate
- We invest in a bold new way to give back for a better world now with our [Press Start CoLab program](#)
- [Flourish+ Member Benefits](#)

CALL US NOW

### NEW term life plan options including:

- Renewable term life
- Non-renewable term life
- Term life 100

\*Age-based rate of an 18-year-old female non-smoker for a non-renewable 10-

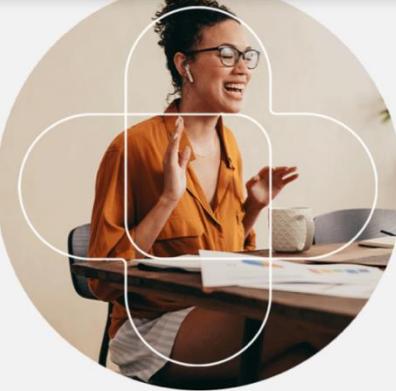


# 2025 Flourish+

# Your Flourish+ Member Benefits



\$100 Annual  
Healthy Living Rebate



Flourish+  
Virtual Talks



Scholarship,  
Bursary and Awards



We Value Your  
Opinion Raffle



Member  
Birthday Raffles



Give Back: The Press Start  
CoLab Program

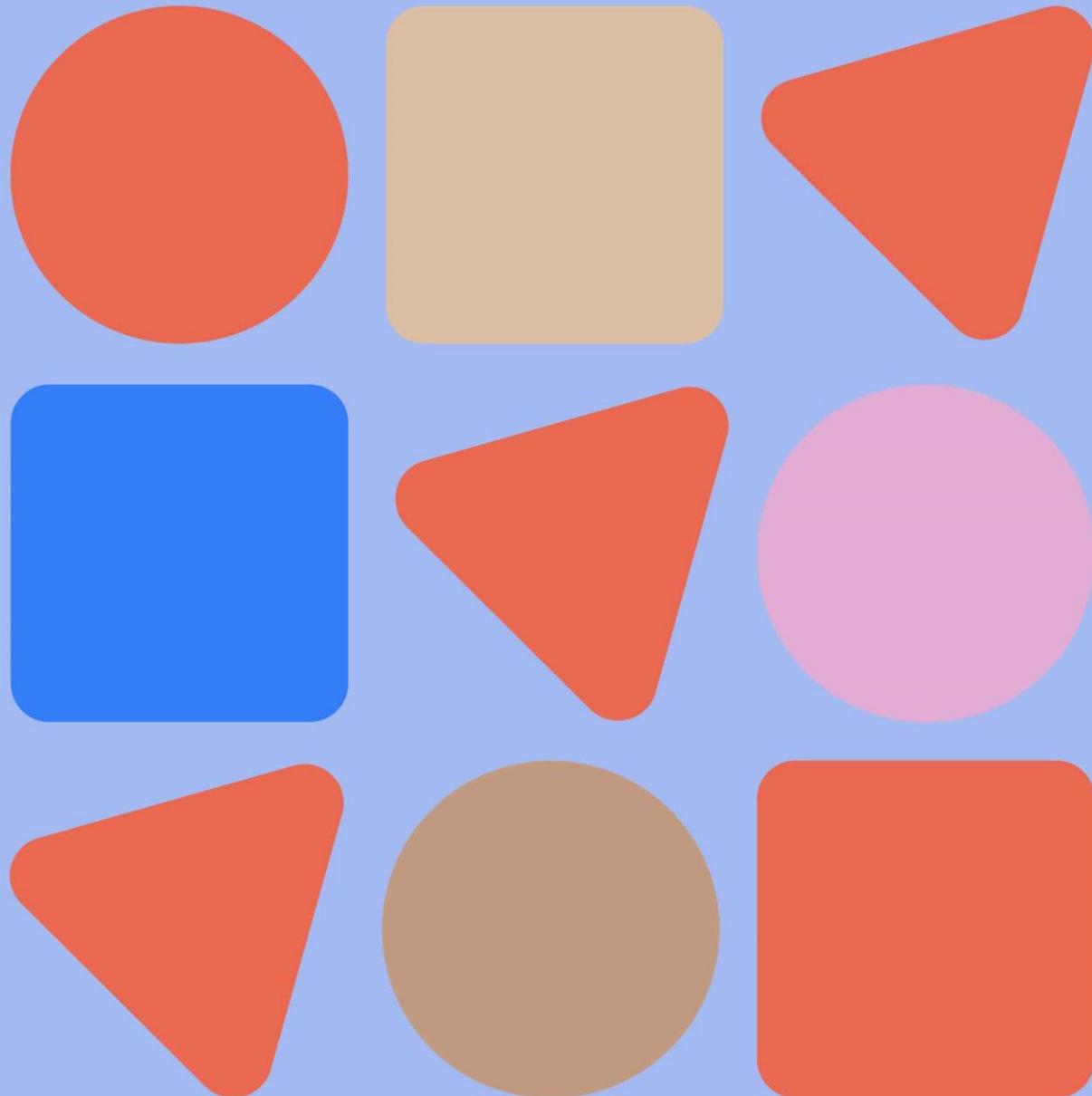
Flourish  
With a twist



# 2025 Teachers Life Teacher Excellence Award



## 2025 District 12 Teachers Life Teacher Excellence Award



**Press Start  
CoLab High  
School  
Program 2024**



[CoLab Program](#) [CoLab High School Program](#) [FAQ](#) [About Us](#) [Blog](#) [HUB LOG IN](#)



## The 2024 CoLab High School Program

This CoLab High School Program supports teenagers who want to create positive change. Over seven weeks, high school students from across Ontario will work together with their peers and a member of the educational community to develop an idea that addresses mental health among youth. They'll receive guidance from experts in mental health to transform their ideas into real-life solutions. The goal of the program is to make meaningful changes in our communities.

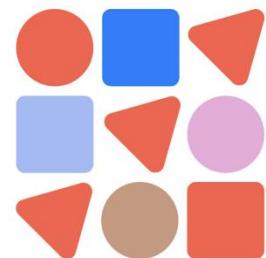
Brought to You by:



Teachers Life



OTIP RAEQ



## This Year's Challenge: Mental Health



This year's Press Start CoLab High School Program is all about the mental health of young people in Canada. Mental health is an important topic affecting high school students' well-being. By addressing mental health early and from their perspective, we cannot only make things better for students now but also help pave the way for well-being into adulthood. In this year's Press Start CoLab High School Program, we want to encourage positive and creative ideas that consider different perspectives to improve young people's mental health.

We are asking participants to develop new and creative solutions for youth in their community that address at least 1 of the 3 sub-focus areas of mental health.

### Sub-Focus Areas



**De-Stigmatizing Mental Health**

Cultivating mental health literacy, fostering awareness, and enhancing communication through open dialogues around mental health.



**Building Confidence and Self-Image**

Celebrating individuality and amplifying diverse perspectives and voices to nurture confidence and positive self-image.



**Creating Safe Spaces for Connectedness**

Creating accessible community spaces that foster connection and belonging, empowering others to speak openly about mental health in a safe and supportive environment.

## Amazing Opportunity

The Press Start CoLab High School Program is open to high school students across Ontario. Participants must join the program with a group leader who is a member of the educational community. The program lasts for about seven weeks. During that time, students will work on developing a practical solution within mental health. Participants will attend one Challenge Session—focused on inspired learning from a keynote speaker—and three Co-Creation Sessions—focused on collaboration and mentorship from experienced mental health entrepreneurs.



**The OTIP Changemaker Grants:  
\$25,000**

This money will be distributed across multiple successful ideas

### Mentorship

With entrepreneurship, industry, and academic experts

## 2024 CoLab High School Program Speaker

Participants will attend a virtual Challenge Session that will inspire and embolden their thinking around this year's sub-focus areas.



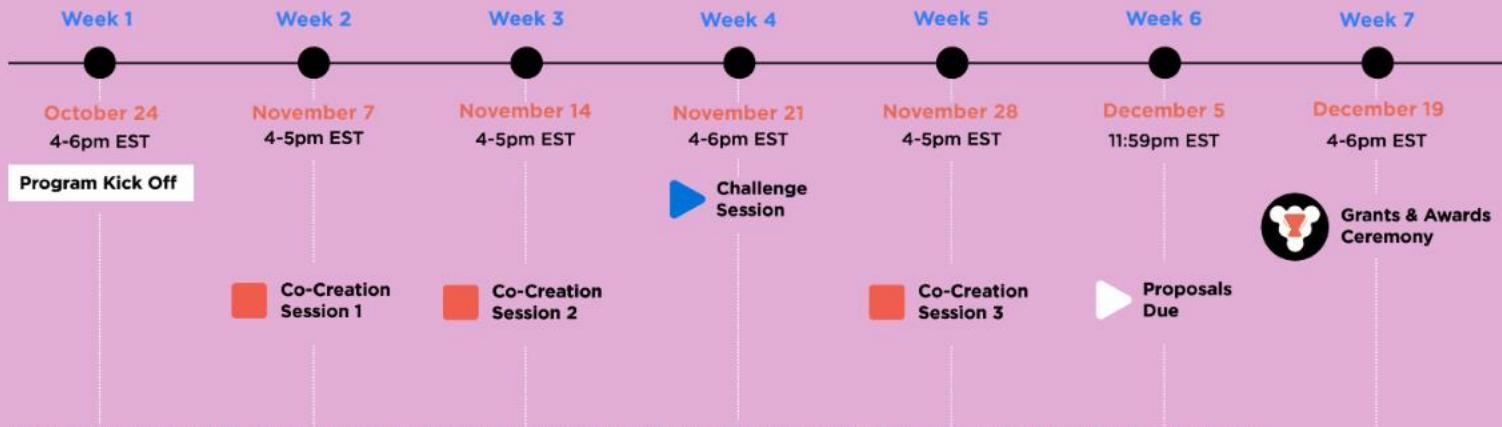
### Anthony McLean

Called a "master storyteller", Anthony McLean delivers lively, actionable presentations on mental health, diversity & inclusion, and the intersection between them. He's worked with such leading organizations as PepsiCo, Intel, Danone, Coca Cola, and more. McLean shows audiences how to foster an environment of empathy, acceptance, and mental well-being to enhance DEI work and boost individual and team performance.

A respected voice in his field, McLean has delivered hundreds of inspiring talks across the world, rocking the stage at conferences, colleges, and corporate events. His clients have ranged from charities and non-profits to Fortune 500s, with all benefitting from his research-backed tools and actionable strategies that leave them inspired and equipped to bring their best every day. In 2024, McLean released his first book, *All Fired Up: Optimize Mental Health to Ignite Joy and Fuel Peak Performance*.

McLean has a background in theatre and works actively in the film and television industry. As a screenwriter, he's currently in development on two feature films.

# 2023 CoLab High School Program Details



## When is it?

- **Event duration:** Approximately 7 weeks
- **Start date:** October 24, 2024
- **End date:** December 19, 2024
- **Awards date:** December 19, 2024

## Who can join?

- **Registration is open to Ontario high school students.**
- **Background:** An interest in mental health and creative solutioning.
- **Registration fee:** No
- **Groups:** Participants must sign up with a member of the educational community.