

Introducing Flourish+ Benefits

Get ready to thrive like never before! We are thrilled to announce our new and improved Member benefits program, Flourish+, made just for you. Focused on mental health and wellness, Flourish+ goes beyond the ordinary to support your well-being with a variety of new programs co-created with our Members. Enhanced, meaningful, complimentary healthy living benefits, rebates, awards and giving back for mental health. *Well-being for life.*



Spotlight on Flourish+ Benefits



\$100 Annual Healthy Living Rebate

We're supporting your wellness journey with an increase to this annual rebate. Up to \$100 is now available for a broad range of health and wellness programs of your choice! Log in to your Member Site account to make your rebate claim today.

[Log in](#)



Give Back: The Press Start CoLab Program

Focused on the mental health crisis amongst Canadian youth, our annual Press Start CoLab Program is now introducing a high school cohort to include our education community in creating meaningful and impactful change.

[Learn More](#)



Scholarship, Bursary and Awards

We've expanded eligibility to more students! Applications will be accepted for any year of post-secondary education and in addition to children and grandchildren, our Member's nieces and nephews are now eligible to apply for Teachers Life awards.

[Learn More](#)



We Value Your Opinion Raffle

We're on a mission to improve the overall Member Experience and foster a culture of thoughtful innovation together. Do you have a creative, innovative suggestion for us to consider that will enhance your experience? We want to hear from you!

[Learn More](#)



Member Birthday Raffles

To celebrate, our Members will receive a Happy Birthday email and will be entered into a random draw during their birthday month for a chance to receive a \$250 gift card! Members with an email on file will automatically be entered for a chance to win each year. Add or update your email address on our Member Site. Questions? Call us at: 1-866-620-LIFE (5433)

[Log in](#)



Flourish+ Virtual Talks

Our virtual wellness speaking events allow our Long-Term Disability Insurance Members to come together as a community and hear the inspiring stories of Canadian mental health experts.

